

The 40th Annual Pasadena Open Championships

Sanctioned by U.S. Figure Skating

Hosted by:



Thursday, September 13 – Sunday, September 16, 2018

Pasadena Ice Skating Center

300 E. Green Street, Pasadena, CA 91101

ENTRY DEADLINE: SUNDAY, AUGUST 12, 2018

COMPETITION CHAIR

Ouida Robins

ouida.robins@pasadenafsc.com

REGISTRAR

Preciosa Frank

Preciosa.frank@pasadenafsc.com

818-281-8499 NO CALLS AFTER 9PM

REFEREE

Wayne Hundley

waynehundley@earthlink.net



2018 Pasadena Open Championships

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The 40th Annual Pasadena Open Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION:

SOUTHERN CALIFORNIA INTER-CLUB INVITATIONAL SERIES

This event is part of the Southern California Interclub Invitational Series. Top point scorers at the end of the season will be invited to the Invitational Final. Please see the Southern California Inter-Club Association website at <http://www.socalinterclub.org/> for more information.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is determined by the highest free skating test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Male skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Male skaters entering open juvenile free skate events (Well Balanced Program) must be at least 14 years of age at the close of entries. Female skaters entering juvenile free skate events (Well Balanced Program) must be under 13 years of age at the close of entries. Female skaters entering open juvenile free skate events (Well Balanced Program) must be at least 13 years of age at the close of entries.

Skaters entering beginner through pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRY FEES:

Entries must be completed via Entryeeze at www.entryeeze.com or by visiting www.pasadenafsc.com to access the link by **August 12, 2018, midnight PST**. Late entries will be subject to the approval of the Chief Referee and will be assessed a late entry fee of \$35.00. There will be a \$35.00 charge for returned checks.

First Event (Intermediate through Senior SP/FS combined)	\$ 130.00
First Event (Juvenile and Open Juvenile SP or FS)	\$ 95.00
First Event (Pre-Preliminary – Pre-Juv Artistic and Adult FS)	\$ 90.00
First Event (No Test level or Learn To Skate)	\$ 70.00
Compulsory Moves (If the only event entered)	\$ 60.00
Showcase Event	\$ 85.00
Each Additional Singles Event	\$ 50.00
Pair Events (*per person)	\$ 50.00
Synchro FS Event (per team) (Pre-Juv, Intermediate, Open Adult Levels only)	\$ 250.00
Adult FS Event	\$ 95.00
Additional Online Processing Fee	4%
Late Fee	\$ 35.00

All singles and pairs events (Compulsory Program, Free Skating and Artistic) are considered separate events. The Short Program, for Intermediate and above levels, is part of the Free Skating event and is not subject to any additional fee.

Club permissions and Coach approval will be processed through Entryeeze. After the completion of skater's registration, e-mails will automatically be sent to the skater's club and coach for their approvals. There will be a **\$50 charge** for event changes due to skater/coach error.

REFUND POLICY: Entry fees will not be refunded after the entry deadline of August 12, 2018 unless no competition exists or the event is canceled. Refunds of entry fees will be made for withdrawals made prior to the close of entries. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be assessed a \$35 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or competition events.

SCHEDULE OF EVENTS: Schedule of events will be posted at the Pasadena Ice Skating Center, on Entryeeze and on the Pasadena FSC website. E-mail notification will be sent when it is posted. The competition schedule is tentative and subject to change.

FACILITIES:

ARENA: The ice surface is **200 feet by 85 feet** (NHL size) and is fully enclosed. The ice rink is located on Green Street between Marengo and Euclid on the east side of the Pasadena Civic Auditorium.

PARKING: Parking is available at the Pasadena Center. Enter at the "Sheraton" sign on either Marengo Street or Euclid Street. Posted signs will direct you to the parking closest to the ice rink. The parking fee is \$11.00 per day, but you may bring your parking stub to the Pro Shop for

validation and receive \$2.00 off the ticket price. Parking management does not allow exit and re-entry for any reason. Several other parking garages are available within walking distance of the ice rink. You can also park at the Paseo Colorado Mall directly across Green Street from the Pasadena Civic Auditorium. It is free for the first 90 minutes, \$1.50/half hour thereafter. You can get up to 2 hours of free parking with validation from most businesses located in the Paseo Colorado Mall.

HOTEL ACCOMMODATIONS: The official hotel for the Pasadena Open Championships is the Hilton Pasadena located at 168 South Los Robles Avenue, Pasadena, CA 91101. Please contact the hotel directly to make reservations at 626-577-1000.

Adjacent to the Pasadena Ice Skating Center is the Sheraton Pasadena Hotel, located at 303 Cordova Street, Pasadena, CA 91101. Please contact the hotel directly to make reservations at 626-449-4000. The Paseo Colorado is an upscale shopping center located across the street with many fine restaurants, and a multiplex movie theater.

MUSIC: Skaters should upload their music in mp3 format on the Entryeze website by the entry deadline of August 12, 2018. Failure to upload music will result in a \$10 fee. Skaters should have a back-up CD available at the competition. Vocal music is allowed for all events.

Back-up CDs may be picked up at the registration desk following each event. All reasonable care will be taken, but the Pasadena Figure Skating Club cannot be responsible for CDs left at the end of the competition.

LIABILITY: U.S. Figure Skating, the Pasadena Figure Skating Club and the Pasadena Ice Skating Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) and electronic data entry will be used for the following events:

- Freeskate events, pre-preliminary - senior
- Short program events, juvenile – senior
- Pairs free skate events, pre- juvenile – senior
- Pairs short program events, novice – senior
- Adult events, Bronze, Silver, Gold and Masters intermediate –senior
- Synchro events: Intermediate

All competitors skating in these events need to submit a planned program content form online via Entryeze. **The deadline to submit the form is August 22, 2018.** Failure to timely submit a planned program content form for an IJS-judged short program or free skate will result in a \$10 fee.

The 6.0 Majority Judging System will be used for:

- Learn to Skate events, compulsory moves, Showcase dramatic/light, beginner (Astro), high beginner (Comet), and no-test (Star) events
- Adult Pre-Bronze FS
- Synchro events: Pre-Juvenile, Open Adult

REGISTRATION DESK: Registration will be open one hour before the first event and run through the last event of the day. The registration table will be located adjacent to the entrance of the rink. Please register promptly upon arrival. **All competitors are required to register one hour prior to their scheduled events.**

PRACTICE ICE:

Official practice ice schedules will be announced and posted on our website at

www.pasadenafsc.com. Available practice ice sessions can be pre-purchased online via Entryeze and will be available after close of entries; walk-ons are subject to session availability. No music will be allowed during the official practice ice. For regular freestyle sessions, please call the Pasadena Ice Skating Center for more information at 626-578-0801 or visit their website at www.skatepasadena.com. PFSC club sessions are held every Saturday: first session from 8:00 am – 9:00 am and second session from 9:00 am – 10:00 am. The fee for non-members is \$15.00 per session.

PHOTOGRAPHY/VIDEOGRAPHY: Commercial video and photography will be provided during the competition. All other video taping and photography is restricted to hand-held/battery operated equipment (no tripods). ***No photography or video taping will be allowed unless permission is given by the skater. Flash photography is prohibited while competitors are skating. As a courtesy to our vendors, personal video and photography is prohibited during podium shots.***

AWARDS: Medals will be awarded to first through fourth place finishers for all events. If an event consists of a short program and a free skate, medals will be awarded to the overall first through fourth place finishers.

JACQUELINE S. HAAK MEMORIAL TROPHY

The Jacqueline S. Haak Memorial Trophy will be awarded to the skater who gives, in the opinion of selected judges, the most outstanding performance of the competition. Skaters from the **Juvenile level and above** are eligible to receive this special trophy. The Perpetual Trophy will be engraved with the winner's name and event and will remain in the possession of the PFSC with a replica given to the winner.

MIRAI NAGASU FUTURE STAR TROPHY

The Mirai Nagasu Future Star Trophy will be awarded to the skater who gives, in the opinion of selected judges, the most outstanding performance of the competition at the **Pre-Juvenile level and below**. This is a special trophy and does not have a perpetual component.

OFFICIAL NOTICES: An official bulletin board will be maintained at the Pasadena Ice Skating Center. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are required to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

ADDITIONAL INFORMATION:

PROTOCOLS: For IJS events, a complete set of protocols for each skater/event will be available after the results are posted. Protocols and results will be available for purchase at the registration desk.

ADMISSION: Adults: \$5/day Senior 65 and older: \$3/day
 Children 10 and under: Free
 All Event Pass: \$12 for Friday, Saturday, Sunday

CREDENTIALS: At the time of registration, each competitor will receive (1) credential at no charge. One coach per skater will receive (1) credential at no charge (credential must be requested on Entryeeze at time of entry). Each coach will need to present their Coach Registration Card and a government issued ID at the registration desk to receive their credential. Each coach is required to have their credential in order to put their skater onto the ice for their event.

EVENTS OFFERED:

<p>SINGLES FREE SKATING Astro (Beginner) Comet (High Beginner) Star (No Test) Pre-Preliminary Preliminary Pre-Juvenile Juvenile Short Program Juvenile Freeskate Open Juvenile Short Program Open Juvenile Freeskate Intermediate* Novice * Junior * Senior * Adult Pre-Bronze Adult Bronze Adult Silver Adult Gold Adult Masters Int./Novice Adult Master Junior/Senior</p>	<p>COMPULSORY Comet Star Pre-Preliminary Preliminary Pre-Juvenile Juvenile Open Juvenile</p> <p>PAIRS Pre-Juvenile Juvenile Intermediate Novice * Junior * Senior *</p> <p>SYNCHRO Pre-Juvenile Open Adult Intermediate</p>	<p>SHOWCASE DRAMATIC/ LIGHT Comet Star Pre-Preliminary Preliminary Pre-Juvenile Juvenile Open Juvenile Intermediate Novice Junior Senior Adult Pre-Bronze Adult Bronze Adult Silver Adult Gold Adult Masters</p> <p>*These are combined events with both a short program and a free skate.</p>	<p>LEARN TO SKATE USA SHOWCASE DRAMATIC/LIGHT Basic 1-6 Free skate 1-6</p> <p>LEARN TO SKATE USA PROGRAM EVENTS Snowplow Sam Basic Skill 1-6 Free Skate 1-6</p> <p>LEARN TO SKATE USA ELEMENTS/COMPULSORY EVENTS Snowplow Sam Basic Skill 1-6 Free Skate 1-6</p> <p>LEARN TO SKATE USA INTRODUCTORY LEVELS COMPULSORY EVENTS Beginner High Beginner</p>
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U.S. Figure Skating Nonqualifying Competitions

EVENT: Well Balanced Program Free Skate

General event parameters:

- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- IJS will be used for **Pre-Preliminary** and higher events. 6.0 system will be used for all lower events.
- All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs"

Singles events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

SINGLES FREE SKATING EVENTS

See current rulebook for updated rules and requirements.

	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<p>NO TEST</p> <p>1:40 maximum</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> All single jumps allowed except for the single Axel <ul style="list-style-type: none"> No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single jumps 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
<p>PRE-PRELIMINARY</p> <p>1:40 maximum</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> All single jumps, including the single Axel, allowed <ul style="list-style-type: none"> No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single jumps 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
<p>PRELIMINARY</p> <p>1:30 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> 1 must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. 	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are

	<ul style="list-style-type: none"> ○ Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed ○ An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination ○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded ● Max 2 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed ○ Jump sequences limited to a maximum of 3 single or double jumps 	<p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>allowed but will not be counted as elements</p> <ul style="list-style-type: none"> ○ Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
<p>PRE-JUVENILE</p> <p>2:00 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> ● 1 must be an Axel-type jump* ● All single and double jumps allowed except for the double Axel <ul style="list-style-type: none"> ○ No double Axels, triple or quadruple jumps allowed ○ An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination ○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded ● Max 2 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed ○ Jump sequences limited to a maximum of 3 single or double jumps 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> ● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> ○ Min 6 revs ● 1 spin with only 1 position* <ul style="list-style-type: none"> ○ No change of foot ○ Min 4 revs <p>Both spins may start with a flying entry These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> ● Step Sequence <ul style="list-style-type: none"> ○ Must fully utilize the ice surface ○ Moves in the field and spiral sequences are allowed but will not be counted as elements ○ Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
<p>JUVENILE and OPEN JUVENILE</p> <p>2:20 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> ● 1 must be an Axel-type jump* ● All single and double jumps, including the double Axel, allowed <ul style="list-style-type: none"> ○ No triple or quadruple jumps allowed ○ No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence <ul style="list-style-type: none"> ▪ If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump can be included more than twice ● Max 2 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed ○ Number of jumps in jump sequence is not limited 	<p>Max 2 Spins</p> <p>1 spin combination; with or without change of foot*</p> <ul style="list-style-type: none"> ○ Min 8 revs ○ Min 2 revs in each position ● 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> ○ Min 5 revs <p>Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> ● One choreographic step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface

<p>INTERMEDIATE</p> <p>2:40 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single, double and triple jumps allowed. No quadruple jumps allowed. <ul style="list-style-type: none"> ○ No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated ○ If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence <ul style="list-style-type: none"> ▪ If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double or triple jump can be included more than twice • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in jump sequence is not limited 	<p>Max 2 Spins</p> <p>1 spin combination; with or without change of foot*</p> <ul style="list-style-type: none"> ○ Min 8 revs ○ Min 2 revs in each position <ul style="list-style-type: none"> • 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> ○ Min 5 revs <p>Both spins may start with a flying entry</p> <p>Spins must be of a different character</p> <p>(For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • <u>One leveled step sequence*</u> • <u>Max Level 2. Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level.</u> <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p>NOVICE LADIES</p> <p>3:00 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single, double and triple jumps are allowed. No quadruple jumps allowed. <ul style="list-style-type: none"> ○ No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence. <ul style="list-style-type: none"> ▪ If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in jump sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position • 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> ○ Min 6 revs • 3rd spin is option of skater <p>All spins may start with a flying entry</p> <p>Spins must be of a different character</p> <p>(For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p>NOVICE MEN</p> <p>3:30 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single, double and triple jumps are allowed. No quadruple jumps allowed. <ul style="list-style-type: none"> ○ No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence. <ul style="list-style-type: none"> ▪ If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in jump sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position • 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> ○ Min 6 revs • 3rd spin is option of skater <p>All spins may start with a flying entry</p> <p>Spins must be of a different character</p> <p>(For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
	JUMP ELEMENTS	SPINS	STEP SEQUENCES

<p style="text-align: center;">JUNIOR LADIES</p> <p style="text-align: center;">3:30 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in a sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ All 3 basic positions with min 2 revs in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs <p>All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p style="text-align: center;">JUNIOR MEN</p> <p style="text-align: center;">3:30 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in a sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ All 3 basic positions with min 2 revs in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs <p>All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p style="text-align: center;">SENIOR LADIES</p> <p style="text-align: center;">4:00 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in a sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ All 3 basic positions with min 2 revs in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs <p>All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 2 Sequences</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface • One choreographic sequence* <ul style="list-style-type: none"> ○ Must be clearly visible

<p>SENIOR MEN</p> <p>4:00 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one 3-jump combination is allowed ○ Number of jumps in a sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ All 3 basic positions with min 2 revs in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs <p>All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 2 Sequences</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface • One choreographic sequence* <ul style="list-style-type: none"> ○ Must be clearly visible
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Note: Changes to program length and number of jump elements for Junior and Senior Men is pending approval by ISU Congress.

SINGLES SHORT PROGRAM – 2018/2019 Singles Short Program Elements

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

A. Intermediate short program – Rule 4230

B. Novice short program – Rule 4220

C. Junior short program – Rule 4210

D. Senior short program – Rule 4200

E. Juvenile short program (same rules as Intermediate short program except that triple jumps are not permitted and the step sequence will be called as level Base) and is open to Juvenile and Open Juvenile skaters – event will be divided by age if entries warrant.

EVENT: Introductory Levels Free Skate Program

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed regardless of Moves in the Field tests passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 max	<p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> a) Jumps with no more than one-half rotation (front to back or back to front). b) Max. 2 jump sequences c) Max. 2 of any same jump 	<p><i>Max. 2 spins:</i></p> <ul style="list-style-type: none"> a) Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn To Skate free skating badge tests
High Beginner 1:40 max	<p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> b) Jumps with no more than one-half rotation (front to back or back to front including half-loop) c) Single rotation jumps: Salchow and toe loop only. d) Max. 2 jump combinations or sequences e) Max. 2 of any same type jump. 	<p><i>Max. 2 spins:</i></p> <ul style="list-style-type: none"> a) Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn To Skate free skating badge tests
No-Test 1:40 max .	<p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> b) Up to 2 may be jump combos or sequences c) Jump combos are limited to 2 jumps d) Jump sequences are limited to 3 single jumps e) No Axels or double jumps are permitted 	<p><i>Max. 2 spins:</i></p> <ul style="list-style-type: none"> a) Spins must be of different character. b) Each spin must have a Minimum of 3 revolutions. c) Spins may change feet, position and start with a fly. 	One step sequence that utilizes ½ of the ice surface	



Compete USA Competitions

EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- a) To be skated on full ice.
- b) The skater may use elements from a previous level.
- c) A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> a) March followed by a two-foot glide and dip b) Forward two-foot swizzles, 2-3 in a row c) Forward snowplow stop d) Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> a) Forward two-foot glide and dip b) Forward two-foot swizzles, 6-8 in a row c) Beginning snowplow stop on two-feet or one-foot e) Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> d) Forward one-foot glide, either foot e) Scooter pushes, right and left foot, 2-3 each foot f) Moving snowplow stop g) Two-foot turn in place, forward to backward f) Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> h) Beginning forward stroking showing correct use of blade i) Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive j) Forward slalom k) Beginning backward one-foot glide, either foot g) Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> l) Backward one-foot glides, right and left m) Forward outside edge on a circle, clockwise or counter clockwise n) Forward crossovers, 4-6 consecutive, both directions o) Beginning two-foot spin, 2-4 revolutions h) Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> p) Backward outside edge on a circle, clockwise or counterclockwise q) Backward crossovers, 4-6 consecutive, both directions r) Advanced two-foot spin, 4-6 revolutions s) Forward outside three-turn, right and left i) Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> t) Forward inside three-turn, right and left u) Bunny Hop v) Forward spiral on a straight line, right or left w) Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry j) T-stop, right or left



Compete USA Competitions

EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- a) To be skated on full ice.
- b) The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- c) A 0.2 deduction will be taken for each element performed from a higher level.
- d) Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> a) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise b) One-foot upright spin, optional entry and free-foot position (minimum three revolutions) c) Mazurka a) Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> b) Forward power stroking, 4-6 consecutive strokes c) Upright spin, entry from backward crossovers - minimum 4-6 revolutions d) Toe loop jump e) Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> f) Alternating forward outside and inside spirals on a continuous axis (2 sets) g) Beginning back spin, up to two revolutions h) Half Lutz i) Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> j) Alternating Mohawk/crossover sequence, right to left and left to right k) Advanced back spin with free foot in crossed leg position, min 3 revs l) Loop jump m) Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> n) Forward power 3's, 2-3 consecutive sets, right or left o) Sit spin - minimum three revolutions p) Half Loop jump q) Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> r) Backward outside three-turn, Mohawk (backward power three-turn), both directions s) Camel spin - minimum three revolutions t) Waltz-loop jump combination u) Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> v) Split jump or stag jump w) Camel, sit spin combination - minimum of four revolutions total x) Waltz jump, ½ loop, Salchow jump sequence y) Axel jump

EVENT: Pairs

PAIRS FREE SKATING EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

Please visit USFS website for further details:

<http://www.usfsa.org/content/2018-19%20Pairs%20FS%20Chart.pdf>

PAIRS SHORT PROGRAM EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Novice short program – Rule 5220
- B. Junior short program – Rule 5210
- C. Senior short program – Rule 5200

EVENT: Adult Free Skate

Adult events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. IJS will be used for Adult Bronze, Silver, Gold and all Masters Levels. 6.0 system will be used for all lower events.

	JUMP ELEMENTS	SPINS	STEP SEQUENCE
<p>CHAMPIONSHIP MASTERS JUNIOR-SENIOR & MASTERS JUNIOR-SENIOR</p> <p>3:40 maximum * means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Max 3 combinations or sequences • 1 jump combination may contain 3 jumps; the remaining jump combinations are limited to 2 jumps • Number of jumps in sequence is unlimited, but only the 2 highest-value jumps in a jump sequence will be counted • No Axels or multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence <ul style="list-style-type: none"> • If both executions (of the same Axel or multi-rotation jump) are as solo jumps, the second of these jumps will receive 70% of its original base value 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 5 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> • 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>CHAMPIONSHIP MASTERS INTERMEDIATE-NOVICE & MASTERS INTERMEDIATE-NOVICE</p> <p>3:10 maximum * means element is required</p>	<p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Max 3 combinations or sequences • 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps • Only 1 jump combination or sequence may include 2 double jumps • Each jump may be repeated only once, and only as part of a combination or sequence <ul style="list-style-type: none"> • If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value • All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop • Double flip, double Lutz, double Axel and triple jumps are not permitted 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 5 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> • 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>CHAMPIONSHIP ADULT GOLD & ADULT GOLD</p> <p>2:40 maximum</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> • Max 3 combinations or sequences • 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps • Each jump combination or sequence may include only 1 double jump • Each jump may be repeated only once, and only as part of a combination or sequence <ul style="list-style-type: none"> • If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value • All single jumps, including the single Axel, and the following double jumps are permitted: double toe loop, double Salchow. • Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 4 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> • 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.

<p>CHAMPIONSHIP ADULT SILVER AND ADULT SILVER</p> <p>2:10 maximum</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> • Max 2 combinations or sequences • 1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps • Additional jump sequences which contain non-listed jumps of not more than 1 revolution performed as part of connecting footwork preceding single jumps are permitted • Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) • All single jumps, including single Axel, are permitted • No double or triple jumps are permitted 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • <u>1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)</u> • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>ADULT BRONZE</p> <p>1:50 maximum</p>	<p>Max 4 Jump Elements</p> <ul style="list-style-type: none"> • Max 2 combinations or sequences; • 1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps • Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) • All single jumps are permitted (except single Axel) • No single Axel, double or triple jumps are permitted 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position • No flying spins are permitted 	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • <u>1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)</u> • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>ADULT PRE BRONZE</p> <p>1:40 maximum</p>	<p>Max 4 Jump Elements</p> <ul style="list-style-type: none"> • Max 2 combinations or sequences • 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps. • Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) • Only single and half-revolution jumps are permitted • No single Lutz, single Axel or double or triple jumps are permitted 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • Min 3 revs • Spins with a flying entry are not permitted 	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • Connecting steps throughout the program are required

SHOWCASE EVENTS

- A. Learn to Skate
- B. Introductory Events
- C. Standard Events
- D. Adult Events

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test <small>(does not qualify for National Showcase)</small>	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary <small>(does not qualify for National Showcase)</small>	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max

Senior	Senior Free Skate OR Senior Free Dance			2:40 max
Adult Pre-Bronze <small>(does not qualify for National Showcase)</small>	Adult Pre-Bronze Free Skate OR Pre-Preliminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4th Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3rd Figure (prior to 10/1/77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5th Figure Test (prior to 10/1/77)	21 and older	1:40 max
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) OR 8th Figure Test (10/1/77-9/30/79)		21 and older	1:40 max

EVENT: Showcase Events – Dramatic Entertainment

Format:

- a) Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- b) Props and scenery are permitted

EVENT: Showcase Events – Light Entertainment

Format:

- c) Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.

- d) Props and Scenery are permitted

General event parameters:

- a) Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- b) The determination of level will be based upon test requirement at the entry deadline
- c) Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

SINGLES COMPULSORY MOVES



U.S. Figure Skating Nonqualifying Competitions

EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin - minimum three revolutions 4. Forward or backward spiral
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions 4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.



U.S. Figure Skating Nonqualifying Competitions

EVENT: COMPULSORY MOVES

General event parameters:

1. Learn To Skate – Juvenile: Elements skated on ½ ice
2. Elements may be performed only once
3. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Toe Loop 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence - circular
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular

SYNCHRONIZED SKATING EVENTS

JUDGING SYSTEM

The International Judging System (IJS) will be used for the following events:

Intermediate

The majority 6.0 Judging System will be used for the following events:

Pre-Juvenile

Open Adult

All teams competing at a level judged under the IJS will be required to complete a planned program content sheet. Each team's Planned Program Content sheet must be completed via Entryeze by August 22, 2018. Teams will be charged \$10 fee if their Planned Program Content sheet is not submitted by the deadline.

For all synchronized skating events, please refer to the USFS rulebook/website for current rules and ISU communications:

<http://www.usfigureskating.org/content/2018-19%20SYS%20FS%20Elements.pdf>

PRE-JUVENILE

Open to teams of 8-16 skaters. The majority of the skaters on each team must be under 12 years of age. Program duration is 2:15. Please refer to USFS well-balanced program, Rule 7260

INTERMEDIATE

Open to teams of 12-20 skaters. Skaters must be under 18 years of age and have passed the Juvenile Moves in the Field test. Please refer to the USFS well-balanced program requirements, Rule 7230

OPEN ADULT

Open to teams of 8-16 skaters. The majority of skaters on each team must be over 19 years of age or older. Program duration is 2:30. Please refer to the USFS well-balanced program requirements, Rule 7520